

COMMON SENSE PARENTING

Classes are now being held at Creekside Elementary!

Common Sense Parenting (CSP) is a practical, skill-based program that can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision making, relationships, self-control, and school success.

Continuing to learn new skills and strategies is a fundamental part of good parenting. The proactive skills and techniques taught in Common Sense Parenting classes have helped parents from diverse backgrounds create healthy family relationships that foster safety and well-being at home, in school, and in the community. The classes are for all parents of kids ages 3-16.

Please call or email to sign up.

Fall Session (2022): (includes 6 classes on Tuesday evenings) September 27, Oct. 4, 11, 25, and Nov. 1, and 8th. (5:30-7:30 p.m.) No class on Oct.18th due to parent/teacher conferences. The class is free. Books and materials are free to borrow or for \$16 to purchase. Childcare is offered at no charge. Snacks will also be provided.

<u>Winter Session (2023):</u> (includes 6 classes on Tuesday evenings)

January 24, 31, February 7,14,21, and 28. (5:30-7:30 p.m.)

The class is free. Books and materials are free to borrow or for \$16 to purchase. Childcare is offered at no charge. Snacks will also be provided.



Common Sense
Parenting helps parents:

Build strong healthy relationships

Correct and change behavior

Minimize problems that disrupt family life

Raise responsible, caring children

Avoid power struggles

Communicate effectively

Control emotions

Balance discipline with affection

Praise your child's good behavior

Be a better, more engaged and caring parent

Presented by a Certified
Common Sense Parenting
Trainer: Judy Lamb

ilamb@spearfish.k12.sd.us

605-717-1210