

Triennial Assessment Summary of the Local Wellness Policy

January 18, 2023 @ 7:30 AM in the Board Room

Instructions: The template below is offered to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template.

Requirement: An assessment of your school wellness policy must be conducted at a minimum once every three years per United States Department of Agriculture (USDA) regulations. Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

This assessment will determine:

- Compliance with the wellness policy
- How the wellness policy compares to model wellness policies
- Progress made in attaining the goals of the wellness policy.

Results: The final rule requires that LEAs update their wellness policy as appropriate and requires that LEAs must make available to the public:

- The wellness policy, including any updates to and about the policy at minimum on an annual basis.
- The Triennial Assessment results, including the progress that has been made in meeting the goals of the wellness policy.

Record Keeping: A copy of the most recent triennial assessment along with supporting documentation must be kept on file with your wellness policy documentation for three years plus the current year. The State agency will examine records during the Administrative Review, including:

- Copy of the current wellness policy
- Documentation on how the policy and assessments are made available to the public
- The most recent assessment of implementation of the policy
- Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate.

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General Information:

School(s) included in the assessment: Spearfish School District

Month and year of current assessment: January of 2023

Date of last Local Wellness Policy revision: May 14, 2018

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.spearfish.k12.sd.us/common/pages/DisplayFile.aspx?itemId=386043>

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet?

The Spearfish School District conducts a triennial progress review & assessment per the district Wellness Policy.

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Kirk Easton	Superintendent	keaston@spearfish.k12.sd.us

School Wellness Committee Members:

Name	Job Title	Email Address
Craig Crosswait	Business Manager	ccrosswa@spearfish.k12.sd.us
Coree Walker	Local FSMC Director	c.walker@lunchtimesolutions.com
Ellen Plocek	Board Member	eplocek@spearfish.k12.sd.us
Joel Martin	Elementary PE/Health Teacher	JMARTIN@spearfish.k12.sd.us
Jim Seyer	HS Assistant Principal/Parent	JSeyer@spearfish.k12.sd.us
Chase Tyson	HS PE/Health Teacher/Parent	ctyson@spearfish.k12.sd.us
Lana Main	Curriculum Director	lmain@spearfish.k12.sd.us

Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

- SD Model Wellness Policy:** A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.
- WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#) .
- Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy:

Our local wellness policy contains all of the pertinent/required information that is provided in the South Dakota model wellness policy.

Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Enable all students, through a comprehensive curriculum, to acquire the knowledge and skills necessary to make healthy food choices for a lifetime.	X			In grades K-8, students are exposed to food nutrition through a variety of inter-disciplinary units of instruction. In high school health class, students are provided extensive instruction on food nutritional values and making healthy food choices.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Physical education classes will include participation in moderate to vigorous intensity physical activity for at least half the class.	X			Yes, all physical education classes include vigorous physical activity for at least half the class period.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Daily recess for students in all elementary grades will be provided.	X			Yes, daily recess is provided to all elementary students in grades K-5.
The district will offer extracurricular activities for students, including interscholastic sports programs as appropriate.	X			Yes, the district offers numerous extracurricular activities for students in grades 7-12.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Child nutrition programs will comply with federal, state, and local requirements.	X			Yes, our food service program complies with all federal, state, and local requirements.
Food and beverages sold in vending machines accessible to students before school and during the normal school day will meet the SD DOE Content of Vending Machines guidelines and the USDA Smart Snacks in School guidelines.	X			Yes, all food in vending machines accessible by students meet the SD DOE Content of Vending Machines guidelines.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
When using food as part of student incentive program or as a curricular based food experience, staff and students are encouraged to utilize healthy, nutritious food choices.	X			Yes, students, staff, and parents are encouraged to utilize healthy and nutritious food choices.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Any foods and beverages marketed or promoted to students on school campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition standards.	X			Yes, foods and beverages marketed or promoted to students on campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition standards.

Additional information:

1. Our local wellness policy is posted on our website. It can be found at the following link:
<https://www.spearfish.k12.sd.us/common/pages/DisplayFile.aspx?itemId=386043>
2. A copy of this assessment will be available on our website labeled as “Wellness Policy Assessment” under “District Policies”
3. Our local wellness policy is reviewed/amended in our policy review cycle. A policy committee comprised of staff, students, a parents, administrators, and Board members review policies annually and make recommendations to the full Board of Education for adoption of revisions. The Board of Education then has a first reading and second reading of policies at two separate Board meetings that allows stakeholders to provide additional input to each policy. Stakeholders are made aware of the wellness policy review via the Board agendas. After both readings, the Board then approves each policy.

Outside the annual review cycle, but upon our triennial review, if an amendment or addition to the wellness policy is required, we will make such revision at that time. The dates of the policy review/revision can be found on the last page of the policy.