



James L. McDougal, Psy.D., Achilles N. Bardo, Ph.D., & Scott T. Meier, Ph.D.

Shades circles like this Not like this:

- 0 = Never (0 times)
- 1 = Rarely (Occurred 1-2 times or to a minimal extent)
- 2 = Sometimes (Occurred 3-4 times or to a moderate extent)
- 3 = Often (Occurred 5-6 times or to a significant extent)
- 4 = Very Often (Occurred 7 or more times or to an extreme extent)

During the past week, I...

	Never	Rarely	Some-times	Often	Very Often
1. shared my thoughts with others.	0	1	2	3	4
2. felt angry.	0	1	2	3	4
3. had trouble paying attention.	0	1	2	3	4
4. followed directions.	0	1	2	3	4
5. felt sleepy or tired.	0	1	2	3	4
6. was impulsive.	0	1	2	3	4
7. communicated clearly with others.	0	1	2	3	4
8. was depressed.	0	1	2	3	4
9. did something risky.	0	1	2	3	4
10. had problems staying on task.	0	1	2	3	4
11. maintained friendships.	0	1	2	3	4
12. was sad or withdrawn.	0	1	2	3	4
13. fought with others (verbally, physically, or both).	0	1	2	3	4
14. acted without thinking.	0	1	2	3	4
15. felt relaxed interacting with others.	0	1	2	3	4
16. was easily embarrassed or felt ashamed.	0	1	2	3	4
17. lied or cheated.	0	1	2	3	4
18. had trouble remembering things.	0	1	2	3	4
19. was friendly with others.	0	1	2	3	4
20. was anxious (worried or nervous).	0	1	2	3	4
21. lost my temper when I was upset.	0	1	2	3	4
22. had trouble with organizing and planning.	0	1	2	3	4
23. worked out problems with others.	0	1	2	3	4
24. had thoughts of hurting myself.	0	1	2	3	4
25. threatened or bullied others.	0	1	2	3	4
26. received failing grades at school.	0	1	2	3	4
27. felt emotional or upset.	0	1	2	3	4
28. fidgeted.	0	1	2	3	4
29. used alcohol and/or drugs.	0	1	2	3	4
30. tried my hardest when it came to schoolwork.	0	1	2	3	4
31. was sent to an authority for discipline.	0	1	2	3	4
32. smoked or chewed tobacco.	0	1	2	3	4
33. went prepared to class.	0	1	2	3	4
34. was absent from school.	0	1	2	3	4

Thank you for completing this questionnaire. Please make sure you have answered every item.